

Senior Division League Rules **(7th/8th Grade Level)**

Rules are based upon the official National Federation of High School Athletic Association Rules, except the following.

1. Games consist of 4 eight minute quarters. All rules are in accordance to High School Federation Rules. Overtime shall consist of 2 minute periods.
2. Each player must play 16 minutes per game. It is the coach's responsibility to keep track of the playing time.
3. The league has instituted the following rule. Players will rotate as close to the four-minute mark of an eight-minute quarter. This helps the league insure all players get 16 minutes of play time.
4. Full court is allowed in any quarter unless a team is ahead by 15 or more points.
5. Three full time outs per game and two 20 second time outs per game. If overtime occurs, an additional timeout will be given to each team per overtime.
6. The ball shall be regulation and play is at a 10 foot basket.
7. If a team is up by 20 or more points it is suggested that they attempt to use the following as a way to not increase the score.
 - A. Try to allow players that don't usually score more chances to shoot.
 - B. Have a certain number of passes that must be met prior to shooting.
 - C. Additional points will not be added if scored past the 20 mark.
9. All issues and complaints must be brought to the league coordinators to ensure a positive sportsmanlike atmosphere for everyone involved.